

Dear NASPGHAN Members,

I hope this message finds you well.

My name is Dr. Erick Manuel Toro Monjaraz, and I am a pediatric gastroenterologist specializing in neurogastroenterology at the Instituto Nacional de Pediatría in Mexico City. I am writing to formally express my interest in serving as NASPGHAN Councilor for Mexico.

As pediatric gastroenterologists in Mexico, we face a diverse range of clinical challenges shaped by our unique epidemiological context and often constrained resources. These circumstances have led us to develop innovative, patient-centered approaches that I believe would contribute significantly to the broader NASPGHAN mission.

Mexico has a strong and growing community of pediatric gastroenterologists, and I believe it is essential that we are more actively represented within NASPGHAN. I am committed to strengthening the bridge between Mexico and our colleagues in the United States and Canada, fostering greater collaboration, knowledge exchange, and mutual support.

NASPGHAN has long welcomed participation from Mexico, and I see this as an opportunity to further deepen that relationship—opening new paths of integration, academic partnership, and clinical advancement.

Thank you for considering my candidacy. I would be honored to contribute to the mission and vision of NASPGHAN and to represent the voice of Mexican pediatric gastroenterology within the society.

Sincerely,

Dr. Erick Manuel Toro Monjaraz

Pediatric Gastroenterologist – Neurogastroenterology

Instituto Nacional de Pediatría, Mexico City

ERICK MANUEL TORO MONJARAZ, MD, MSc

NAME:

Erick Manuel Toro Monjaraz

POSITION TITLE:

Pediatric Gastroenterologist, Specialist in GI Motility

Coordinator, Pediatric GI Motility Unit – Instituto Nacional de Pediatría

EDUCATION/TRAINING

Institution and Location	Degree	Completion Date	Field of Study
UNAM, Mexico City	MD	2006	Medicine
Instituto Nacional de Pediatría (INP), UNAM	Pediatric Residency	2010	Pediatrics
INP, UNAM	Subspecialty	2010-2012	Pediatric Gastroenterology & Nutrition
INCMNSZ, Mexico City	Certificate	2012	Gastrointestinal Motility
UNAM-INP	MSc (in progress)	2014	Medical Sciences

A. PERSONAL STATEMENT

As a pediatric gastroenterologist with a subspecialty in gastrointestinal motility, I have dedicated my clinical and research career to advancing the understanding and treatment of pediatric functional gastrointestinal disorders. I currently serve as Coordinator of the GI Motility Unit at the Instituto Nacional de Pediatría (INP), where I also participate in academic mentoring and research coordination. My work focuses on motility disorders, infantile gut health, and the impact of the microbiome in children. I am an active member of NASPGHAN, LASPGHAN, and the Mexican Association of Gastroenterology, and have received multiple national and international recognitions for research and academic contributions.

B. POSITIONS, SCIENTIFIC APPOINTMENTS, AND HONORS

- Staff Physician, Pediatric Gastroenterology and Nutrition, INP (Current)
- Coordinator, GI Motility Unit, INP
- Private Practice – Hospital Ángeles Acoxa
- Member, National System of Researchers (SNI), Level 1 (2023–2027)
- Member, Research and Academic Committees, INP
- NASPGHAN: Member and Neurogastroenterology Committee

- LASPGHAN: Member and Motility Committee
- Multiple awards from NASPGHAN, ESPGHAN, and WASPGHAN (2014–2022), including:
 - Young Investigator Award, ESPGHAN (2014)
 - Best Abstract, WASPGHAN (COVID GI manifestations)
 - Travel Grant, World Congress of Pediatric Gastroenterology (2016)

C. CONTRIBUTIONS TO SCIENCE

- High-Resolution Anorectal Manometry and Dyssynergic Defecation in Children
Toro-Monjaraz EM, et al. Neurogastroenterol Motil. 2025; e70061.
- Cow's Milk Allergy and Symptom Scoring
Toro-Monjaraz EM, et al. Acta Paediatr. 2025;114(6):1481-1483.
Hendricx F, Toro-Monjaraz EM, et al. JPGN Rep. 2024;6(1):27–38.
- Advances in Pediatric pH-Impedance Techniques
Toro-Monjaraz EM, et al. Rev Gastroenterol Mex. 2024;89(3):347–353.
- Microbiota and Functional GI Disorders
Nutrients. 2023;15(2):298.
Front Pediatr. 2022;9:778747.
- National Guidelines and Consensus in Pediatric GI
Rev Gastroenterol Mex. 2024;89(2):265–279.

Total: 40+ peer-reviewed publications, H-index: 11

D. ADDITIONAL INFORMATION: RESEARCH SUPPORT AND/OR SCHOLASTIC PERFORMANCE

- Mentorship: Professor, ITESM School of Medicine (2022–2024); Clinical Integration Course, UNAM (2023)
- Congress Leadership:
 - Director, National Pediatric Gastroenterology Congress (SENAGA 2022)
 - Co-Director, Pediatric Neurogastroenterology Congress (2021–2024)
- Scientific Awards: Multiple abstracts awarded at NASPGHAN, ESPGHAN, and LASPGHAN
- Reviewer and Thesis Committee: INP Research and Academic Committees