



April 17-18, 2026
Hyatt Regency O'Hare Chicago, Chicago, IL

2026 Course Director: Catherine Larson-Nath, MD

2026 Faculty:

Debora Duro, MD, MS
Nicole Fabus, RD
Mary Beth Feuling, MS, RD, CSP, CD
Sarah Fleet, MD
Praveen S. Goday, MBBS
Tegan J. Medico, MS, MPH, RDN, CNSC
Nicole Misner, MS, RD
Ruben E. Quiros-Tejeira, MD
Jill Rockwell, RD, CSP, LD, CNSC
Senthil Sankararaman, MD
Timothy Sentongo, MD, NASPGHAN - F
Michelle Yavelow, MS, RD, LD, CNSC, CSP

Course Objectives:

The goal of the course is to provide specialized nutrition education in critical areas associated with the practice of gastroenterology and nutrition with the goal to improve the existing nutritional knowledge base of postdoctoral fellows, recent graduates of pediatric gastroenterology training programs and dieticians to improve the quality of care delivered.

1. Discuss the critical elements of pediatric nutrition using case-based format.
2. Implement appropriate nutritional assessment methods in pediatric patients.
3. Optimize management of pediatric patients who have specialized nutrition needs/requirements.

Friday, April 17, 2026

4:00 pm	Check in Hotel
4:30 pm	Faculty Mingle
5:00 – 5:20 pm	Registration and pre-conference assessment
5:20 – 5:55 pm	DINNER (no lecture)
5:55 – 6:00 pm	Opening Remarks and Welcoming from Kate Farms Catherine Larson-Nath, MD
6:00 – 6:40 pm	Faltering weight and nutrition assessment Catherine Larson-Nath, MD and Tegan J. Medico, MS, MPH, RDN, CNSC
6:45 – 7:10 pm	WIC, SNAP, and Food Insecurity Sarah Fleet, MD
7:15 – 7:40 pm	Culinary Medicine Debora Duro, MD, MS



- 7:40 - 7:55 pm Q & A with speakers
- 8:00 - 8:55 pm Nutrition Jeopardy
Host: Praveen Goday, MBBS
- 9:00-10:00 pm Reception

Saturday, April 18, 2026

- 7:00-7:20 am Breakfast
- 7:20-7:25 am Opening remarks
Catherine Larson-Nath, MD
- 7:30-8:20 am Group 1: Intestinal Failure
Group 2: Critical Illness
Group 3: Pancreas and Cystic Fibrosis
Group 4: ARFID and Feeding Disorders
- 8:25-9:15 am Group 1: Formulas and Blenderized Feeds
Group 2: Liver Failure
Group 3: Critical Illness
Group 4: Intestinal Failure
- 9:20- 9:40 am Break and Check out
- 9:45 -10:35 am Group 1: Critical Illness
Group 2: Pancreas and Cystic Fibrosis
Group 3: Formulas and Blenderized Feeds
Group 4: Liver Failure
- 10:40 -11:30 am Group 1: Pancreas and Cystic Fibrosis
Group 2: ARFID and Feeding Disorders
Group 3: Liver Failure
Group 4: Critical Illness
- 11:30 -12:00 PM Lunch
- 12:00 - 12:40 pm Nutrition Management of Allergic Disease
Catherine Larson-Nath, MD and Mary Beth Feuling, MS, RD, CSP, CD
- 12:40 – 1:10 pm Diet Management on IBD
Nicole Misner, MS, RD
- 1:10 - 1:40pm Diet Management for patient using GLP-1s
Jill Rockwell, RD, CSP, LD, CNSC



1:50 – 2:40 pm Group 1: Liver Failure
Group 2: Intestinal Failure
Group 3: ARFID and Feeding Disorders
Group 4: Formulas and Blenderized Feeds

2:45 - 3:35 pm Group 1: ARFID and Feeding Disorders
Group 2: Formulas and Blenderized Feeds
Group 3: Intestinal Failure
Group 4: Pancreas and Cystic Fibrosis

4:00 pm Departure

Small Group Presentations – Faculty Rotates Rooms:

1. Liver Failure: Ruben E. Quiros-Tejeira, MD and Jill Rockwell, RD, CSP, LD, CNSC
2. Formulas and Blenderized Feeds: Praveen Goday, MBBS and Nicole Misner, MS, RD
3. Intestinal Failure: Debora Duro, MD, MS and Tegan Medico, MS, MPH, RDN, CNSC
4. ARFID and Feeding Disorders: Sarah Fleet, MD and Mary Beth Feuling, MS, RD, CSP, CD
5. Critical Illness: Timothy Sentongo, MD, NASPGHAN – F and Nicole Fabus, RD
6. Pancreas and Cystic Fibrosis: Senthil Sankararaman, MD and Michelle Yavelow, MS, RD, LD, CNSC, CSP