

Khyati Mehta, MD

Personal Statement for Clinical Practice Councilor

I practice general GI at a large academic institute, Loma Linda University which is in the Inland Empire in San Bernardino County, Southern California, the largest county in United States spanning 20K square miles with a population of 2.5 million people. We are the only tertiary pediatric care center in San Bernardino County. I am in a unique position where in addition to education and research, I care for a diverse and clinically heavy patient load which gives me a unique perspective on integrating academics along with rural and suburban clinical expertise. I believe this perspective gives me an edge to apply for Clinical Practice Councilor role wherein I can represent the voice of clinicians across diverse practice settings by analyzing and contributing to clinical guidelines to make them more applicable to all practice settings. Example -The 2024 H. pylori guideline recommends susceptibility testing before treatment, a resource that many community practices and smaller academic institutes do not have access to.

I have been active on NASPGHAN committees and SIGS for as long as I can remember since fellowship. I have been a past member of endoscopy committee; hepatology committee and fellows committee. I am currently an active member of clinical practice committee, integrative medicine and culinary SIG, have participated in these committee's educational endeavors and co-authored articles in peer reviewed journals.

I served as Vice Chair for Clinical Practice Committee (CPC) from 2021-2024 and am currently the Chair of CPC. As Chair, I attended the NASPGHAN Council meeting followed by Planning Committee meeting earlier this year in Jan 2026. I learnt so much and interacted with amazingly smart people who I admire and truly came out of my shell. I have since collaborated with so many Committee chairs and have many plans and future directions for my committee. I received tremendous support from Elizabeth Mileti, current Clinical Practice Councilor, who I adore. She very patiently answers all my novice questions and encourages me to take up new tasks when I am in doubt. I strive to be like Liz and serve as a liaison between committee members and NASPGHAN council.

With this background, I would love to continue to expand my horizons, oversee other committees, be the voice of clinicians across different practice settings, while also giving back to the NASPGHAN community. The Clinical Practice Councilor role would be a wonderful transition from my years in Clinical Practice Committee. Thank you for considering me for this important role.

Sincerely,

Khyati Mehta MD

CURRICULUM VITAE

Khyati Mehta, MD

Assistant Clinical Professor of Pediatrics
Pediatric Gastroenterology, Hepatology & Nutrition
Loma Linda University School of Medicine

Personal Information

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Citizenship: USA & India

Current Position

Assistant Clinical Professor of Pediatrics

Pediatric Gastroenterology, Hepatology & Nutrition
Loma Linda University School of Medicine

Oct 2016 – Present

Pending promotion to Associate Professor (June 2026 cycle)

Prior Positions

Assistant Clinical Professor of Pediatrics

Maine Medical Center & Tufts University School of Medicine

Nov 2012 – Apr 2016

Professional Training & Education

Fellowship

- Pediatric Gastroenterology, Hepatology & Nutrition
Hasbro Children's Hospital / Brown University
Oct 2009 – Oct 2012

Residencies

- Pediatrics, University of Maryland, Baltimore, MD
Oct 2006 – Sept 2009
- Pediatrics, Mumbai University, India
Jan 2003 – Aug 2005

Medical School

- Topiwala National Medical College, Mumbai University
Sept 1996 – Jan 2002
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Licensure

- California: **A139765**
 - Maine: **MD19347**
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Board Certification

- American Board of Pediatric Gastroenterology — **2015**
 - American Board of Pediatrics — **2011**
 - American Board of Lifestyle Medicine — **2020**
 - ECFMG — **2005**
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Academic Appointments

- Assistant Professor, Dept. of Pediatrics, Loma Linda University — **2016–Present**
 - Assistant Professor, Dept. of Pediatrics, Maine Medical Center — **2012–2016**
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Academic and Administrative Activities

Innovations & Program Development at Loma Linda University (LLU)

- **Transnasal Endoscopy (TNE) without sedation** introduced to Pediatric GI Lab — *March 2023*
 - **Percutaneous Electrical Nerve Field Stimulation (PENFS)** added to GI clinic — *June 2022*
 - **Pediatric GI Lab Endoscopy Director** — *March 2020–Present*
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Publications

Peer-Reviewed Articles

- **Dec 2025.** Pediatric Culinary Medicine: Current Status, Challenges and Opportunities. Loy M, Chogle A, Tracy H, Santucci NR, **Mehta K**, Sadler LS, Jibaly R, Benitez AJ, Mascarenhas MR. *Curr Gastroenterol Rep.* 2025 Dec 29;28(1):1. doi: 10.1007/s11894-025-01024-z. PMID: 41460414.
- **Jun 2025.** Hereditary hypofibrinogenemia as a cause of chronic liver disease. Carling H, Maloney N, **Mehta K**, Jain A, Parashette K. *JPGN Rep.* 2025 Jun 27;6(4):524-526. doi: 10.1002/jpr3.70058. PMID: 41245011
- **Mar 2025.** NASPGHAN position statement on EHR data capture. Lee JA, Miller S, Walsh CM, **Mehta K**, Watson KL, Hayes CE, Sauer C, Huang JS. *J Pediatr Gastroenterol Nutr.* 2025 Sep;81(3):852-865. doi: 10.1002/jpn3.70125. Epub 2025 Jun 24. PMID: 40552488.
- **Aug 2022.** Herbal Approaches to Pediatric Functional Abdominal Pain. Cherry RN, Blanchard SS, Chogle A, Santucci NR, **Mehta K**, *Children (Basel).* 2022 Aug 22;9(8):1266. doi: 10.3390/children9081266. PMID: 36010156
- **Oct 2010 Mehta K**, LeLeiko N. Commentary on article Does celiac disease require a positive biopsy? *AAP Grand Rounds* 24:53 (2010)
- **April 2012 Mehta K**, LeLeiko N. Commentary on article Breast is best, even for ill infants. *AAP Grand Rounds* 2012; 27(6): 61
- **Oct 2004 Mehta K.** Outcome of DeLee's intrapartum suctioning in babies with meconium-stained amniotic fluid. *International Pediatric Update, Volume 69:* 152.
- **Jan 2003** Shah N, **Mehta K.** Prevention of Mother to Child Transmission of HIV. *Indian Journal of Practical Pediatrics* 2003;5(4): 337-348

Book Chapters

- **2023.** *How Healers Heal*, Lifestyle Medicine Physician Stories

- **2011.** Portal Hypertension — NASPGHAN Fellows Review
 - **2011.** Bile Acid Metabolism Disorders — NASPGHAN Fellows Review
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Mentoring & Education Activities

North American Society of Pediatric Gastroenterology Hepatology and Nutrition (NASPGHAN) Roles

- Journal of Pediatric Gastroenterology and Nutrition (JPGN) Editorial board **April 2026-Present**
- Chair, Clinical Practice Committee — **Nov 2024-Present**
- Vice Chair — **2021-2024**
- Member, Integrative & Lifestyle Medicine Committee — **2020-Present**
- Member, Hepatology Committee — **2010-2011**

Resident & Student Mentorship

- Faculty coach for five pediatric residents at LLU **2020-Present**
- Mentored medical students and research trainees at Maine Medical center and Loma Linda (**2012-Present**)

Institutional Committees

- Pediatric Residency Evaluation and Education Committee (PEC) representing GI subspecialty at LLU — **2020-Present**
 - Portfolio Sponsorship Review Committee at LLU (one of seven pediatricians who review and critique institutional QI projects before submission to American Board of Pediatrics for MOC credit)— **2018-Present**
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Teaching Responsibilities

- Resident teaching consult service — Weekly, **2016-Present**
 - Monthly GI Journal Club — **2016-Present**
 - Quarterly resident educational conferences — **2016-Present**
 - Resident and teaching roles at Maine Medical Center (2013-2016)
 - Teaching at Hasbro Children's Hospital (2009-2012)
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Leadership Responsibilities (Expanded)

- Pediatric GI Lab Endoscopy Director — **2020–Present**
 - Pediatric Residency Education Committee (PEC) — **2020–Present**
 - Portfolio Sponsorship Review Committee — **2018–Present**
 - Quality Improvement leadership roles at Maine Medical Center — **2013–2016**
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Honors & Awards

- **2015.** Harvard Medical School — Global Clinical Scholars Research Training Program (GCSRT)- graduated with top 5% of the class
 - **1999 & 2000.** 2nd place, Indian Academy of Pediatrics quiz
 - **1997.** 1st place, Biochemistry, TN Medical College
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Service

- Staff physician for Providence, Rhode Island IBD Symposium (2009–2012)
 - Community volunteer as part of Inland Southern California Organization of Physicians of Indian origin (ISCOPI) activities in Southern California
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Society Memberships

- American & International Board of Lifestyle Medicine (2020–Present)
 - American Society for Parenteral and Enteral Nutrition (2016–Present)
 - NASPGHAN (2009–Present)
 - AAP (2006–Present)
 - IAP (2003–Present)
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Research Activities

- **Current PI:** Multicenter Pediatric Obesity Phase 3, Randomized, Controlled, Clinical Platform Trial to Investigate the Efficacy and Safety of Interventions for Weight Management in Pediatric Participants with Obesity.
- Global Clinical Scholars Research Training Program GCSRT research training at Harvard (2014–2015)

- Studied the Role of ceramides in causing varying degrees of insulin resistance & oxidative stress in liver slice culture models, Dr. DeLaMonte's lab at The Liver Research Center, Providence, RI (2010-2011)
 - Sub-investigator of multi-center drug trial: A randomized double-blind, parallel-group study to assess the safety and efficacy of Asacol (1.2 to 4.8g/day) 400 mg delayed-release tablets given twice daily for 26 weeks to children and adolescents for the maintenance of remission of ulcerative colitis. Principal Investigator- Neal LeLeiko, MD, PhD. The study was terminated due to side effects of high dose Asacol (2009- 2010)
 - Knowledge attitudes and practices of general pediatricians regarding gastrostomy tube feeds and management (Residency QI project) – Online questionnaire survey of community pediatricians followed by post survey interventions to improve practice outcomes. (2007-2009)
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Institutional Lectures

- Quarterly resident noon conferences — *2016–Present*
 - Grand Rounds presentations (2018, 2019)
 - Maine Medical Center Grand Rounds and CPCs (2013–2015)
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Invited Talks (Extramural)

- Moderator, NASPGHAN Annual Meeting — **Nov 2025**
 - Speaker, EMR Efficiency, NASPGHAN — **Oct 2023**
 - Case presentations at Gut Club Children's Hospital Los Angeles CHLA, Abbott speaker series, and national/international pediatric meetings (**2013–Present**)
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Media Presence

- **ABC7 News** feature on Transnasal Endoscopy — *Feb 2024*
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